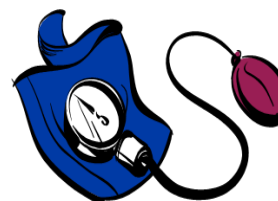


# Free Monthly Blood Pressure Checks



Frederick County Fire and Rescue will provide free, monthly blood pressure checks at each Senior Center!

These screenings will be held outdoors.

**Registration is not required! Just stop by!**

**Brunswick Center**

**301-834-8115**

**1st Tuesday, 10:00 a.m.**

**Emmitsburg Center**

**301-600-6350**

**2nd Wednesday, 10:00 a.m.**

**Frederick Center**

**301-600-3525**

**2nd Tuesday, 8:30 a.m.**

**Urbana Center**

**301-600-7020**

**2nd Thursday, 10:00 a.m.**